

Red Cross Lifeguard Certification Course



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pre-Requisites:

- Must be at least 15 years old by the last date of class.
- Must be able to swim 300 yards continuously.
- Must be able to tread water for two minutes using only the legs.
- Must be able to swim 20 yards, retrieve a 10-pound brick from a depth of 7 to 10 feet deep, and return it 20 yards - in less than 1 minute, 40 seconds.

Dates/Times: May 19th through May 21st

- Friday: 5pm-9pm
- Saturday: 8am-5pm
- Sunday: 8am-5pm

***MUST attend each day.**

***Saturday will be at Marion High School**

Course Fee: \$200

Includes copy of ARC Lifeguarding Book, pocket mask and certification card.



Certifications:

Upon completion of all required skills and receive a passing grade on all written tests, you will be certified in Lifeguarding, First Aid, CPR and AED.

Contact:

Libby Root, Program Director, at 765-664-0544 or libbyr@grantcountyyymca.org to register!

Lifeguard Certification Registration Form 2017

Name _____ DOB _____
Address _____ Phone _____
If Under 18, Parent's Name _____
Parent's Signature _____ Date _____
Special Concerns _____